

PLENARY AND APPLIED LECTURES

Open to all delegates
Simultaneous translation French-English

FRIDAY, SEPTEMBER 27, 2024

8.30am

Welcome speech



8.45am

Jean-Michel MOREL
Phyto-aromatherapy: its current interest and its place in integrative medicine



9.05am

Pierre CHAMPY
Essential oils and drug interactions



9.25am

Delphine DUPONT
Risk management in aromatherapy

9.45am

COFFEE BREAK
and visit to EXHIBITORS



10.30am

Laurie PUNCH
Updates on essential oils: new advances in MOCS



10.50am

Delphine MARCHAUD
The critical need for an evidence-based aromatherapy



11.05am

Sabrina BOUTEFNOUCHET
A new French association for clinical aromatherapy (AFAC): let's get together to make progress!

11.20am

Q&A Session

12.00am

Lunch

2.00pm



Jacques KOPFERSCHMITT
Artificial intelligence and phyto-aromatherapy: dangers and benefits



3.00pm

Pascale FRENNET, Didier PESONI, Marco VALUSSI
Antiviral and virucidal properties of essential oils: a systematic review



4.00pm

Round Table hosted by **Isabelle SOGNO-LALLOZ**
Sustainable development and aromatherapy



SATURDAY, SEPTEMBER 28, 2024

PHYTO-AROMA
IN THE WORLD
English-speaking session



8.45am

Elisabeth SACKL-PIETSCH
Essential oils as part of an integrative approach between conventional and complementary medicine in the clinical setting and medical practice - a goal-oriented approach?



9.05am

Emma TYRER
Essential oil inhalation as a symptom management tool in UK cancer care: reflections of an NHS clinical aromatherapist



9.25am

Ingrid KARNER
Essential oils and the tension between therapy and wellness: an Austrian perspective

9.45am

COFFEE BREAK
and visit to EXHIBITORS



10.30am

Sok-Siya BUN-LLOPET
Aromatherapy session in a hospital-based scleroderma patient education programme



10.50am

Sophie DREVILLON
Effectiveness of aromatherapy in improving sleep quality in the elderly residing in nursing homes

11.10am

Q&A Session



11.50am

Tribute to Dr. Paul GOETZ

12.00am

Lunch



2.00pm

Philippe COLLS
Endovesical instillations of aromatic hydrolats: indications and preliminary results



3.00pm

Benoît ROGER
Distillation, analysis, composition, and quality of hydrolats



4.00pm

Kitty SHPIRER
How I express art in perfume

5.00pm

Congress closure
with scents and music...

PRACTICAL WORKSHOPS

Pre-booking is compulsory
(number of seats limited)
French-spoken, no translation

FRIDAY 27 & SATURDAY 28 SEPT. 2024

2.00pm

**Isabelle SOGNO-LALLOZ
Guilhem JOCTEUR**
Introducing aromatherapy into one's professional practice?



3.00pm

Madalina ULMEANU
Metabolic disorders in menopause. Management and complementary solutions with essential oils and herbal medicine



3.00pm

Mihaela TOMOZEI MOUREY
Creation of an olfactory card for residents in nursing homes



3.00pm

**Isabelle EL KHIARI
Michel FAUCON**
«Sensory approaches» in aromatherapy



Julia FALKENSTEIN
Aromatherapy and intestinal health: a patient-centered workshop



Céline HILPIPRE
Benefits of using essential oils in managing skin mycoses in hospitals and outpatient care

4.00pm

**Anne-Laure JAFFRELO
Annick GUILLOT**
The use of olfacto-reliance in speech rehabilitation for patients with Parkinson's syndromes



Julie LEROY
Caregivers, let's not forget ourselves. Take care of ourselves to better take care of others



Rhiannon LEWIS
The hydrolats in clinical application

WELCOME COCKTAIL PARTY
& GUIDED VISITS

Pre-booking is compulsory
(open to delegates and companions)

FRIDAY 27 SEPT. 2024

3.00pm Pedestrian guided visit
« Discover the stone flowers »
Departure from Congress Center
(duration 45mins). FREE VISIT

6.00pm Welcome evening party
in the Gardens of the Villa-Museum
FRAGONARD
Guided visit, surprise olfactory tasting
and dinner cocktail. ADDITIONAL COST
UPON REGISTRATION

SATURDAY 28 SEPT. 2024

3.00pm Pedestrian guided visit
« Having a Nose! »
Departure from Congress Center
(duration 45mins). FREE VISIT



SCIENTIFIC COMMITTEE

PRESIDENT Robert ANTON

Professor emeritus of Strasbourg University, Honorary Professor at the Faculty of Pharmacy (Pharmacognosy) and at the National Academies of Medicine & Pharmacy, European expert.

MEMBERS

Jacques KOPFERSCHMITT

Professor of Medical Therapeutic at Strasbourg University, Former Head of the Hospital Emergency Medical Reanimation.

Rhiannon LEWIS

Consultant, educator in clinical aromatherapy, Director of EORC, Director of ICAN, Organizer of conference events.

Jacques KALOUSTIAN

Doctor of Pharmacy, PhD in Physics, former Head Lecturer of the Marseille Faculty of Pharmacy.

Isabelle SOGNO-LALLOZ

Holistic practitioner, Aromatherapist, Professional Trainer, involved with the local palliative care network.

A new chapter of Phyt'Arom Grasse is soon to be opened on the occasion of this 21st edition, featuring a cornucopia of new information and enriching encounters.

As part of «integrative medicine,» exchanges encompassing both fundamental and clinically experienced knowledge on the field will flourish following brilliant lectures in Phytotherapy and Aromatherapy. These conferences have been carefully selected to cover exciting and future-oriented topics. Additionally, applied conferences and practical workshops within specific symptomatology and new uses of essential oils will further enhance these fruitful exchanges.

We would like to express our gratitude to both our French-speaking and English-speaking lecturers who have accepted our invitation to this European and even International congress.

This will also be an opportunity to pay tribute to the memory of Dr. Paul Goetz, who has left us and has contributed so much over the years to elevate Phyt'Arom Grasse.

We look forward to welcoming you in Grasse on September 27th and 28th!

Prof. Robert ANTON
President of the Scientific Committee



EARLY BIRD FEE UNTIL JULY 26, 2024			
REGULAR	ONE-DAY CONFERENCE PACKAGE (Friday or Saturday)	200 €	TWO-DAY CONFERENCE PACKAGE 400 €
	STANDARD RATE FROM JULY 27, 2024		
STUDENT OR UNEMPLOYED	ONE-DAY CONFERENCE PACKAGE (Friday or Saturday)	110 €	TWO-DAY CONFERENCE PACKAGE 220 €
	STANDARD RATE FROM JULY 27, 2024		
ACCOMPANYING PERSONS	ONE-DAY CONFERENCE PACKAGE (Friday or Saturday)	150 €	TWO-DAY CONFERENCE PACKAGE 260 €
	Friday evening party : 70 € per person (animations + dining cocktail)		
ACCOMPANYING PERSONS	LUNCHEON	40 € per luncheon	FRIDAY DINNER COCKTAIL 70 € per person
	ALL INCLUSIVE (cocktail + both luncheons)		150 € per person

Included in the conference packages: access to conferences and proceedings, coffee-breaks and luncheons



CONGRESS CENTER

22, Cours Honoré Cresp - 06130 GRASSE (France)
Contact person : Laurence MEINER
+ 33 497 055 730 - laurence.meineri@ville-grasse.fr
www.palaisdescongres-grasse.fr

Detailed programme & registration forms available on : www.phytarom-grasse.fr

PHYTAROM 21st Edition
Grasse
Congress Center

**27
28
Sept.
2024**

INTERNATIONAL CONGRESS
APPLIED AROMATHERAPY
& PHYTOTHERAPY

INTEGRATIVE MEDICINE AND CLINICAL
APPLICATIONS IN PHYTO-AROMATHERAPY



www.phytarom-grasse.fr